



# A.P.T.A.C.

## Applied Police Training And Certification

*"Quality and Excellence in Criminal Justice Training"*

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### APTAC



Applied Police Training and Certification (APTAC) is an organization that specializes in the training of Law Enforcement, Correctional, Probation and other Criminal Justice Personnel. APTAC provides criminal justice training and materials across the United States.

The name "Applied Police Training And Certification" represents the organization and the type of training that is provided. The Term "Applied" refers to the applicability of the training that is presented. Many training courses today are presented to inform students of the concepts and techniques contained in the course. APTAC goes beyond that step. We know that modern law enforcement officers are looking for tools, to better perform their job. APTAC understands this need and presents materials, information and techniques that can be immediately used on the street, in the investigation, in the classroom and on the job. In other words, it can be "Applied" by the student at the conclusion of the course.

As a training organization, APTAC realizes that training must be dynamic, entertaining, informative, productive, effective, and up to date to enable participants to absorb the information at a level where it will be immediately useable in the field. To meet these requirements, APTAC uses a multitude of training techniques, including dynamic lecture, video presentations, video scenarios, student participation exercises, case studies, chart diagrams, hands on activities and classroom demonstrations.

APTAC Is certified By The P.O.S.T. Commissions in all the states where we provide training. We only use instructors with experience in their field of instruction and all our instructors are certified to teach in their field of expertise.

Call us or go to our web site for more information to set up a training course today.

### APTAC

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### TRAINING COURSES

#### INTERVIEWS & INTERROGATIONS

Interview & Interrogation techniques for officers & investigators  
24 & 40 Hour

#### TACTICAL STREET INTERROGATIONS

8 Hour seminar

#### GETTING THE CONFESSION

8 Hour seminar

#### ADVANCED INTERVIEWS & INTERROGATIONS

A course on the practicing the application of interrogation techniques.  
24 & 40 Hour courses

#### INTRODUCTION TO BODY LANGUAGE FOR LAW ENFORCEMENT

Introduction to body language 8 Hour class.

#### INTRODUCTION TO THE STAGES OF INTERVIEWS & INTERROGATIONS

Introduction to Interviews and Interrogations  
8 Hour Class

#### REPORT WRITING

Criminal Justice Report Writing  
Law Enforcement & Corrections  
(8, 16, 24 and 40 hour courses)

#### REPORT WRITING AND REVIEW FOR SUPERVISORS

For Supervisors & Field Training Officers  
(24 & 40 hour course)

#### FIELD TRAINING OFFICER

Law Enforcement or Corrections  
(40 hour Course or 24 hour refresher)

#### ETHICS TRAINING FOR MANAGERS, SUPERVISORS, & FIELD TRAINING OFFICERS

(24 & 40 hour Courses)

#### ETHICS TRAINING FOR OFFICERS

(8 & 16 Hour Courses)

#### POLICE LINE SUPERVISION

Line Supervision Training for Supervisors  
(24 and 40 Hour courses)

#### MIDDLE MANAGEMENT

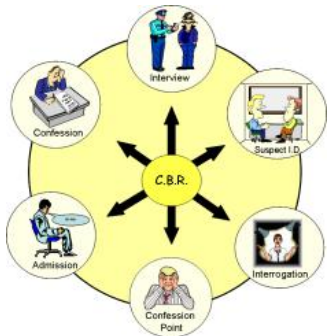
Management Training for Middle Managers  
(24 & 40 Hour courses)

#### MASTER TRAINER COURSES

Learn to teach APTAC Courses  
Course lengths vary.

**INTERVIEWS & INTERROGATIONS**

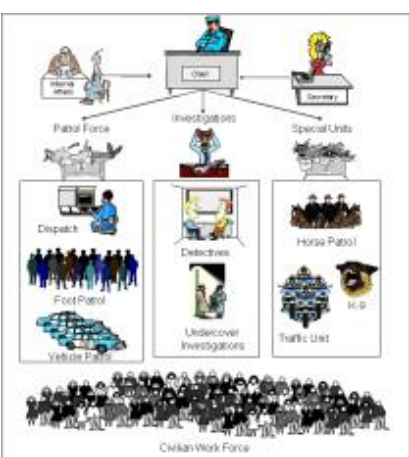
The standard course on Interviews and Interrogations is designed for street officers or investigators interested in improving their interview and interrogation skills and to train students on what really works in the field. Subjects taught include: detecting deception, NLP techniques; cognitive interview; suspect identification: behavioral analysis; interrogation techniques to getting the confession; Miranda and legal issues; and the **“Coordinated Behavioral Response”** (CBR) technique.



The advanced course concentrates on two facets of interrogations, detecting deception and obtaining the confession. This course uses numerous student participation exercises to learn and practice the techniques in class on real people. The techniques that are taught in these courses have been tried, tested and proven to work in real life situations. This course presents the new and effective technique developed by APTAC. It is the **“Coordinated Behavioral Response”** (CBR). This technique improves the quality and quantity of information received from victims, witnesses and perpetrators.

**LINE SUPERVISION & MIDDLE MANAGEMENT**

These courses instruct the student supervisor in the basic concepts of supervision and management. It acquaints the student with the dynamics of police supervision. The student will be presented with the unique problems, as well as problem solving methods, that arise in the law enforcement environment. The student will become acquainted with the legal aspects of police supervision and methods to insure compliance. The Student will participate in in-class exercises and activities that demonstrate the application of the techniques and methods studied in the class. The student will be presented with instruction backed up by studies and research in the field of police management. Additionally, the student will be provided with actual case studies discussing the material presented in the course.



**FTO FOR LAW ENFORCEMENT & CORRECTIONS**



An FTO program is a must for all law enforcement and correctional organizations. The lack of a training program, a



substandard program or a poorly run program can cost an agency millions of dollars in civil suits, loss of good personnel and the loss of a previously untarnished reputation. In 1965 the omnibus crime control act recommended that law enforcement agencies have a training program. The national accreditation by Creditation for Law Enforcement Agencies (CLEA) requires an FTO program for accreditation. Also, The International Association of Chiefs of Police (IACP) recommends an FTO program for training new personnel. The program model presented by APTAC follows the model originated by the San Jose Police Department in 1972. It has become the model for the national standard of field training programs across the country. It is court tested as well as ADA and EEOC defensible. APTAC’s effective training methods insure students are well grounded in FTO training principals, standards and documentation procedures.

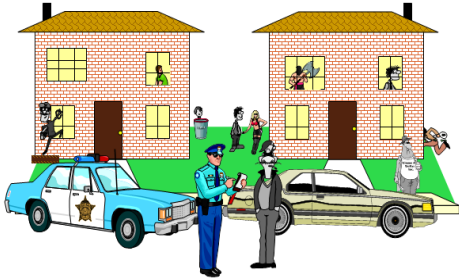
**GETTING THE CONFESSION  
THE SECRET TOOLS OF THE INVESTIGATOR**



This 8 hour course is designed for the investigator. The goal of this course is on getting the confession from the person that has been identified as the perpetrator of the crime. It is designed for investigators to improve their interview and interrogation skills and to train them on what really works to get the confession. The course includes the following subjects: How to quickly establish a rapport and obtain information from the guilty subject; How to identify the confession point; How to overcome resistance, leading to the acquiring of the confession from the guilty subject. The approach to a subject to get the confession; kinesics & body language; techniques on how to establish a rapport; the presentation of findings to a subject; the use of dual option question; The Coordinated Behavioral Response as developed by APTAC; The identification of micro-gestures that indicate an admission of guilt; Interrogation strategies; How to Identify subtle indicators of admissions capitalizing on the first admission; how to identify and exploit the confession position and get the full confession

## TACTICAL STREET INTERROGATIONS

This 8 hour course is designed for the street officer, the tactical officer, or any officer on the go and contacting



subjects on the street. Subjects contacted by Law Enforcement in dynamic street environments are deceptive and are trying to conceal information. **"The Tactical Street Interrogations For Law Enforcement"** course is designed to teach the officer on the street to quickly identify deception, establish a rapport and obtain information from the deceptive subject. This 8 hour course will train the officer in the following techniques to identify deception and overcome resistance, leading to acquiring information from street contacts: kinesics & body language techniques on how to establish a rapport; meaningful behavior that indicates truth or deception; key phrases and word use that indicates truth or deception; the 100% guilt response; flag phrases that indicate deception; speech patterns that indicate truth and deception; the coordinated behavioral response technique (CBR); hot and cold searches; the identification of micro-gestures indicating guilt; types of lies, their identification and exploitation; identify subtle indicators of admission; and how to identify and exploit the confession position.

## REPORT WRITING



This course is designed to teach officers to write quality reports the first time, every time, all the time. The people being hired into Law Enforcement and the people already in Law Enforcement have all of the necessary skills to write incident reports. Trainers "hammer" these people to death with "English Grammar", trying to improve their writing skills. The problem is not their grammar skills; the problem is the correct use of the skills they already have. Incident report writing is different from other types of writing such as administrative reports, research reports, creative writing, position papers and expert opinion reports. In fact, when properly taught, incident report writing is easier than other types of writing. This course concentrates on two major elements of incident reports, clarity and organization. Once these two elements are properly learned, everything else falls into place. APTAC has trained thousands of officers and helped to solve their report writing Problems.

## REPORT WRITING FOR SUPERVISORS & FTOs

The Report Writing for FTOs & Supervisors course teaches the FTO and the supervisor how to use APTAC training methods to solve writing problems in trainees and subordinates with near 100% success.

## ETHICS FOR OFFICERS & SUPERVISORS

This course will inform the student about need for better on the job ethics. It identifies the effects of poor ethics and reviews real cases of ethical misconduct that made national media attention. It introduces ethical theories, and the law enforcement code of ethics as defined by the International Association of Chiefs of Police (IACP). The course will discuss integrity, factors that defeat ethical behavior, psychological types that lack integrity, and core values needed by law enforcement officers. This course will present ethical dilemmas and training to deal with ethical problems. It will cover how to identify the warning signs of ethical problems and how to deal with them. The course will cover the liability that accompanies poor ethical training and how to prevent against it. This course will discuss the effects of social networking on the ethics of law enforcement. It will cover actual cases and how to prevent mishaps created by social networking.



## QUALITY TRAINING

It is the goal of APTAC to present a high quality training program to the participant at a reasonable price. All APTAC courses include all instructor materials, expenses and are accompanied by student texts. APTAC provides quality and excellence in criminal justice training.

Contact APTAC today  
and schedule your training programs.



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**John Bowden** is a veteran of law enforcement, retired from the Orlando Police Department as a Master Police officer. John has experience in many areas of law enforcement to include patrol, field training, investigations, academy coordinator, in-service training, special projects, and police supervision. He received over 90 awards of recognition in his career with the Orlando Police Department. He earned an A.A. in criminal justice, and a B.S. in business from Rolling College, where he graduated with high honors. He has conducted post graduate work in management, computer science and law. John is certified by the Police Officer Standards and Training (POST) commissions in numerous states to teach criminal justice programs. He has lectured across the United States and developed numerous criminal justice courses, many of which have been adopted as the standard course for training. John Bowden is the director of Applied Police Training And Certification, APTAC, and the author of many Criminal Justice Training Books Including **"Report Writing for Law Enforcement & Corrections," "Management Techniques For Law Enforcement," "Today's Field Training Officer for Law Enforcement," "Today's Field Training Officer for Corrections," "Introduction to Body Language for Law Enforcement," "Tactical Street Interrogations for Law Enforcement," "Getting The Confession, the Investigator's Secret Tools," "Introduction to the Stages of Interviews & Interrogations," and "Ethics Training For Law Enforcement."** In addition, John has published articles on police subjects for the publication **"Police One"** as well as being featured on the Law Enforcement Television Network (LETN). John has over 30 years' experience in teaching basic recruits, advanced law enforcement and private enterprise. As the director of APTAC he coordinates training operations, publications and seminars. He now lives in Oklahoma where he occasionally rides a horse.